



**XVI CAMPEONATO  
CENTRO AMERICANO  
DE VOLEIBOL  
SUB - 20 FEMENINO  
NICARAGUA  
2015**

*Boletín No 1*

*6 Diciembre 2015*





## XVI Campeonato Centroamericano U 2 0

### Social Network Information

- **LIVE STREAM**

[www.youtube.com/watch?v=hOX0BMENhhM](http://www.youtube.com/watch?v=hOX0BMENhhM)

- **LIVE SCORE**

Próximo a enviar

- **TWITTER**

Accounts: @Afecavol

Hashtag: #AfecavolU20

- **INSTAGRAM**

Accounts: @Afecavol

Hashtag: #AfecavolU20

- **FACEBOOK**

[afecavol.org](http://afecavol.org)

- **WEB**

[www.afecavol.org/eventos/2015/12/xvi-campeonato-centroamericano-sub-20-femenino.aspx](http://www.afecavol.org/eventos/2015/12/xvi-campeonato-centroamericano-sub-20-femenino.aspx)

ASOCIACIÓN DE FEDERACIONES CENTROAMERICANAS DE VOLEIBOL

A F E C A V O L

FEDERACIÓN NICARAGÜENSE DE VOLEIBOL  
**XVI CAMPEONATO CENTROAMERICANO SUB 20**  
 5 - 14 DICIEMBRE 2015



**AFECVOL**  
 ASOCIACION  
 DE FEDERACIONES  
 CENTROAMERICANAS  
 DE VOLEIBOL



## Calendario de Entrenamiento

| FECHA             | HORA  | GIM POLI<br>ESPAÑA | HORA  | GIM ESP.<br>ANEXO |
|-------------------|-------|--------------------|-------|-------------------|
| 7 Diciembre 2015  | 8:00  | GUA                | 8:00  | HON               |
|                   | 9:30  | CRC                | 9:30  | ESA               |
|                   | 11:00 | BIZ                | 11:00 | PAN               |
|                   |       |                    | 12:30 | NCA               |
| 8 Diciembre 2015  | 8:00  | PAN                | 8:00  | CRC               |
|                   | 9:30  | BIZ                | 9:30  | ESA               |
|                   | 11:00 | HON                | 11:00 | NCA               |
|                   |       |                    | 12:30 | GUA               |
| 9 Diciembre 2015  | 8:00  | ESA                | 8:00  | GUA               |
|                   | 9:30  | HON                | 9:30  | BIZ               |
|                   | 11:00 | NCA                | 11:00 | PAN               |
|                   |       |                    | 12:30 | CRC               |
| 10 Diciembre 2015 | 8:00  | GUA                | 8:00  | PAN               |
|                   | 9:30  | CRC                | 9:30  | HON               |
|                   | 11:00 | NCA                | 11:00 | ESA               |
|                   |       |                    | 12:30 | BIZ               |
| 11 Diciembre 2015 | 8:00  | CRC                | 8:00  | BIZ               |
|                   | 9:30  | PAN                | 9:30  | HON               |
|                   | 11:00 | GUA                | 11:00 | NCA               |
|                   |       |                    | 12:30 | ESA               |
| 12 Diciembre 2015 | 8:00  | ESA                | 8:00  | HON               |
|                   | 9:30  | BIZ                | 9:30  | GUA               |
|                   | 11:00 | NCA                | 11:00 | CRC               |
|                   |       |                    | 12:30 | PAN               |
| 13 Diciembre 2015 | 8:00  | ESA                | 8:00  | PAN               |
|                   | 9:30  | GUA                | 9:30  | CRC               |
|                   | 11:00 | NCA                | 11:00 | BIZ               |





**XVI CAMPEONATO  
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NICARAGUA 2015**



**AFECAVOL**  
ASOCIACION  
DE FEDERACIONES  
CENTROAMERICANAS  
DE VOLEIBOL.

FEDERATION INTERNATIONALE DE VOLLEYBALL  
ASOCIACION DE FEDERACIONES CENTROAMERICANAS  
DE VOLEIBOL AFECAVOL

**0-1**

**UNIFORMS COLORS /  
COLORES UNIFORMES**

CITY

Managua, Nicaragua

REGISTERED COLORS / REGISTRO COLORES

(ONLY SHIRT COLOR / SOLO COLOR CAMISA)

DATE

06/12/2015

POOL  
PHASE

**A  
FINAL**

|        |        |        |        |        |        |        |
|--------|--------|--------|--------|--------|--------|--------|
| BIZ    | CRC    | ESA    | GUA    | HON    | NCA    | PAN    |
| BLANCO | ROJO   | AZUL   | AZUL   | AZUL   | AZUL   | BLANCO |
| AZUL   | AZUL   | BLANCO | BLANCO | BLANCO | BLANCO | AZUL   |
|        | BLANCO |        |        |        |        |        |

| MATCH SCHEDULE<br>Calendrier des matches |             |                |                |
|--|-------------|----------------|----------------|
| DATE :                                   | N°<br>Match | Team<br>Equipe | Team<br>Equipe |
|  |             | A              | B              |
|  |             |                |                |
| 7-dic.                                   | 1           | GUA            | HON            |
| 7-dic.                                   | 2           | CRC            | ESA            |
| 7-dic.                                   | 3           | BIZ            | PAN            |
|  |             |                |                |
| 8-dic.                                   | 4           | CRC            | PAN            |
| 8-dic.                                   | 5           | BIZ            | ESA            |
| 8-dic.                                   | 6           | NCA            | HON            |
|  |             |                |                |
| 9-dic.                                   | 7           | GUA            | ESA            |
| 9-dic.                                   | 8           | BIZ            | HON            |
| 9-dic.                                   | 9           | NCA            | PAN            |
|  |             |                |                |
| 10-dic.                                  | 10          | GUA            | PAN            |
| 10-dic.                                  | 11          | CRC            | HON            |
| 10-dic.                                  | 12          | NCA            | ESA            |
|  |             |                |                |
| 11-dic.                                  | 13          | CRC            | BIZ            |
| 11-dic.                                  | 14          | PAN            | HON            |
| 11-dic.                                  | 15          | GUA            | NCA            |
|  |             |                |                |
| 12-dic.                                  | 16          | ESA            | HON            |
| 12-dic.                                  | 17          | GUA            | BIZ            |
| 12-dic.                                  | 18          | NCA            | CRC            |
|  |             |                |                |
| 13-dic.                                  | 19          | ESA            | PAN            |
| 13-dic.                                  | 20          | GUA            | CRC            |
| 13-dic.                                  | 21          | NCA            | BIZ            |

| TEAMS CHOICE (1-2 OR 3)<br>Choix des équipes (1-2 ou 3) |   |        |        |
|---|---|--------|--------|
| 1st CHOICE<br>1 er Choix                                |   | LIBERO |        |
| A   | B | A      | B      |
|   |   |        |        |
|   |   | BLANCO | AZUL   |
|   |   | BLANCO | BLANCO |
|   |   | AZUL   | BLANCO |
|   |   |        |        |
|   |   | ROJO   | AZUL   |
|   |   | BLANCO | AZUL   |
|   |   | BLANCO | AZUL   |
|   |   |        |        |
|   |   | AZUL   | BLANCO |
|   |   | AZUL   | BLANCO |
|   |   | AZUL   | BLANCO |
|   |   |        |        |
|   |   | BLANCO | AZUL   |
|   |   | BLANCO | AZUL   |
|   |   | BLANCO | AZUL   |
|   |   |        |        |
|   |   | AZUL   | BLANCO |
|   |   | AZUL   | BLANCO |
|   |   | AZUL   | BLANCO |
|   |   |        |        |
|   |   | BLANCO | AZUL   |
|   |   | BLANCO | AZUL   |
|   |   | AZUL   | ROJO   |
|   |   |        |        |
|   |   | AZUL   | BLANCO |
|   |   | AZUL   | BLANCO |
|   |   | BLANCO | AZUL   |

| FIVB DECISION<br>Décision de la FIVB |        |
|--------------------------------------|--------|
| A                                    | B      |
|                                      |        |
| AZUL                                 | BLANCO |
| ROJO                                 | AZUL   |
| BLANCO                               | AZUL   |
|                                      |        |
| AZUL                                 | BLANCO |
| AZUL                                 | BLANCO |
| AZUL                                 | BLANCO |
|                                      |        |
| BLANCO                               | AZUL   |
| BLANCO                               | AZUL   |
| BLANCO                               | AZUL   |
|                                      |        |
| BLANCO                               | AZUL   |
| BLANCO                               | BLANCO |
| AZUL                                 | BLANCO |
| BLANCO                               | AZUL   |
| BLANCO                               | ROJO   |
|                                      |        |
| BLANCO                               | AZUL   |
| BLANCO                               | ROJO   |
| AZUL                                 | BLANCO |

APPROVAL: FIVB TECHNICAL DELEGATE



## Calendario de Juego

|                   |       |    |            |    |            |
|-------------------|-------|----|------------|----|------------|
| 7 Diciembre 2015  | 15:00 | 1  | <b>GUA</b> | vs | <b>HON</b> |
|                   | 17:00 | 2  | <b>CRC</b> | vs | <b>ESA</b> |
|                   | 19:00 | 3  | <b>BIZ</b> | vs | <b>PAN</b> |
| 8 Diciembre 2015  | 15:00 | 4  | <b>CRC</b> | vs | <b>PAN</b> |
|                   | 17:00 | 5  | <b>BIZ</b> | vs | <b>ESA</b> |
|                   | 19:00 | 6  | <b>NCA</b> | vs | <b>HON</b> |
| 9 Diciembre 2015  | 15:00 | 7  | <b>GUA</b> | vs | <b>ESA</b> |
|                   | 17:00 | 8  | <b>BIZ</b> | vs | <b>HON</b> |
|                   | 19:00 | 9  | <b>NCA</b> | vs | <b>PAN</b> |
| 10 Diciembre 2015 | 15:00 | 10 | <b>GUA</b> | vs | <b>PAN</b> |
|                   | 17:00 | 11 | <b>CRC</b> | vs | <b>HON</b> |
|                   | 19:00 | 12 | <b>NCA</b> | vs | <b>ESA</b> |
| 11 Diciembre 2015 | 15:00 | 13 | <b>CRC</b> | vs | <b>BIZ</b> |
|                   | 17:00 | 14 | <b>PAN</b> | vs | <b>HON</b> |
|                   | 19:00 | 15 | <b>GUA</b> | vs | <b>NCA</b> |
| 12 Diciembre 2015 | 15:00 | 16 | <b>ESA</b> | vs | <b>HON</b> |
|                   | 17:00 | 17 | <b>GUA</b> | vs | <b>BIZ</b> |
|                   | 19:00 | 18 | <b>NCA</b> | vs | <b>CRC</b> |
| 13 Diciembre 2015 | 15:00 | 19 | <b>ESA</b> | vs | <b>PAN</b> |
|                   | 17:00 | 20 | <b>GUA</b> | vs | <b>CRC</b> |
|                   | 19:00 | 21 | <b>NCA</b> | vs | <b>BIZ</b> |



# VOLLEYBALL • Team composition

XVI Campeonato Centroamericano Sub 20



## BIZ • Belize

### PLAYERS

| Shirt no | Last name | First name   | Shirt name | Birthdate  | Weight [kg] | Height [cm] | Highest reach |            | Club    | National selections |    |     |      |
|----------|-----------|--------------|------------|------------|-------------|-------------|---------------|------------|---------|---------------------|----|-----|------|
|          |           |              |            |            |             |             | Spike [cm]    | Block [cm] |         | WC                  | OG | Oth | Tot. |
| 1        | Diego     | Kori (OP)    | Diego      | 27/01/2000 | 58          | 177         | 293           | 284        | Mystics | -                   | -  | 17  | 17   |
| 2        | Flowers   | Kaylene (OH) | Flowers    | 07/06/1999 | 65          | 160         | 240           | 233        | Stars   | -                   | -  | -   | -    |
| 3        | Lewis     | Kyala (MB)   | K. Lewis   | 04/05/1999 | 53          | 168         | 270           | 260        | Mystics | -                   | -  | -   | -    |
| 4        | Burn      | Alexis (S)   | Burn       | 18/04/2000 | 47          | 161         | 253           | 245        | Stars   | -                   | -  | 6   | 6    |
| 5        | Quan      | Karen (S)    | Quan       | 19/09/1998 | 48          | 157         | 231           | 227        | Stars   | -                   | -  | 5   | 5    |
| 6        | Gibson    | Danielle (S) | Gibson     | 13/09/1999 | 90          | 160         | 234           | 231        | Mystics | -                   | -  | -   | -    |
| 7        | Miles     | Mia (MB)     | Miles      | 18/12/1998 | 57          | 165         | 241           | 234        | Stars   | -                   | -  | -   | -    |
| 8 C      | Lewis     | Juel (OH)    | J. Lewis   | 26/01/2000 | 64          | 169         | 270           | 257        | Stars   | -                   | -  | 11  | 11   |
| 9 L      | Tun       | Nayala (L)   | Tun        | 30/01/1998 | 65          | 165         | 237           | 230        | Stars   | -                   | -  | 16  | 16   |
| 10       | Musa      | Mya (OH)     | M. Musa    | 04/04/2000 | 57          | 170         | 280           | 267        | Stars   | -                   | -  | 11  | 11   |
| 12       | Bernard   | Karina (OH)  | Bernad     | 05/06/1998 | 68          | 163         | 236           | 233        | Stars   | -                   | -  | 5   | 5    |
| 15       | Sebastian | Kevanna (MB) | Sebastian  | 13/10/1998 | 102         | 188         | 280           | 270        | Stars   | -                   | -  | 13  | 13   |

### OFFICIALS

|                           |                         |
|---------------------------|-------------------------|
| <b>Team manager:</b>      | Tun, Sharon (BIZ)       |
| <b>Head coach:</b>        | Humes, Albert (BIZ)     |
| <b>Assistant coaches:</b> | Johnson, Sherline (BIZ) |
| <b>Doctor:</b>            |                         |
| <b>Therapist/Trainer:</b> |                         |

### COLORS

|              |       |
|--------------|-------|
| <b>Main:</b> | White |
| <b>2nd:</b>  | Blue  |
| <b>3rd:</b>  |       |

### STATISTICS

| Data                | Minimum | Average | Maximum |
|---------------------|---------|---------|---------|
| Age                 | 15.6    | 16.6    | 17.8    |
| Height              | 157     | 167     | 188     |
| Spike               | 231     | 255     | 293     |
| 2-hand block        | 227     | 248     | 284     |
| National selections |         | 7       | 17      |



# VOLLEYBALL • Team composition

## XVI Campeonato Centroamericano Sub 20



# CRC • Costa Rica

## PLAYERS

| Shirt no | Last name   | First name         | Shirt name | Birthdate  | Weight [kg] | Height [cm] | Highest reach |            | Club          | National selections |    |     |      |
|----------|-------------|--------------------|------------|------------|-------------|-------------|---------------|------------|---------------|---------------------|----|-----|------|
|          |             |                    |            |            |             |             | Spike [cm]    | Block [cm] |               | WC                  | OG | Oth | Tot. |
| 5        | Espinoza    | Edya (OH)          | Espinoza   | 15/01/2000 | 61          | 170         | 253           | 245        | Atenas        | -                   | -  | 16  | 16   |
| 8        | L Castro    | Maria Jose (L)     | Castro     | 02/08/2001 | 40          | 159         | 231           | 225        | San Carlos    | -                   | -  | 6   | 6    |
| 10       | Monge       | Daniela (S)        | D. Monge   | 15/03/2001 | 60          | 169         | 249           | 241        | Cartago       | -                   | -  | 6   | 6    |
| 11       | C Rodriguez | Mariana (MB)       | Rodriguez  | 06/11/1999 | 70          | 178         | 262           | 254        | Santa Barbara | -                   | -  | 7   | 7    |
| 13       | Prendas     | Maria Fernanda (S) | Prendas    | 13/08/1998 | 64          | 164         | 247           | 235        | Santa Barbara | -                   | -  | 10  | 10   |
| 14       | Font        | Allison (OH)       | Font       | 04/07/1998 | 71          | 176         | 260           | 252        | Santa Barbara | -                   | -  | 5   | 5    |
| 15       | Soto        | Isayana (OH)       | Soto       | 16/05/2000 | 70          | 173         | 255           | 247        | San Carlos    | -                   | -  | 7   | 7    |
| 16       | Obando      | Gianina (MB)       | Obando     | 30/03/1998 | 64          | 182         | 262           | 254        | Alajuela      | -                   | -  | -   | -    |
| 19       | Camacho     | Rebeca (OH)        | Camacho    | 24/08/1998 | 61          | 165         | 247           | 240        | Cartago       | -                   | -  | 10  | 10   |
| 21       | Cubillo     | Shila (MB)         | Cubillo    | 21/04/1998 | 69          | 178         | 263           | 255        | Limon         | -                   | -  | -   | -    |
| 23       | Madriz      | Valeria (MB)       | Madriz     | 08/02/2000 | 67          | 177         | 261           | 253        | Curridabat    | -                   | -  | -   | -    |
| 25       | Johnson     | Isla (OP)          | Johnson    | 22/02/2000 | 76          | 174         | 255           | 247        | Turrialba     | -                   | -  | 6   | 6    |

## OFFICIALS

|                           |   |
|---------------------------|---|
| <b>Team manager:</b>      | Umana, Sandra (CRC)                         |
| <b>Head coach:</b>        | Lopez, Andres (CRC)                         |
| <b>Assistant coaches:</b> | Diaz, Fabian (CRC)<br>Quesada, Carlos (CRC) |
| <b>Doctor:</b>            |   |
| <b>Therapist/Trainer:</b> | Corrales, Maria Jose (CRC)                  |

## COLORS

|              |        |
|--------------|--------|
| <b>Main:</b> | Rojo   |
| <b>2nd:</b>  | Azul   |
| <b>3rd:</b>  | Blanco |

## STATISTICS

| Data                | Minimum | Average | Maximum |
|---------------------|---------|---------|---------|
| Age                 | 14.3    | 16.3    | 17.7    |
| Height              | 159     | 172     | 182     |
| Spike               | 231     | 254     | 263     |
| 2-hand block        | 225     | 246     | 255     |
| National selections |         | 6       | 16      |



# VOLLEYBALL • Team composition

XVI Campeonato Centroamericano Sub 20



## ESA • El Salvador

### PLAYERS

| Shirt no | Last name  | First name          | Shirt name | Birthdate  | Weight [kg] | Height [cm] | Highest reach |            | Club         | National selections |    |     |      |
|----------|------------|---------------------|------------|------------|-------------|-------------|---------------|------------|--------------|---------------------|----|-----|------|
|          |            |                     |            |            |             |             | Spike [cm]    | Block [cm] |              | WC                  | OG | Oth | Tot. |
| 1        | Valiente   | Maria Elena (OH)    | Valiente   | 28/07/1998 | 54          | 166         | 260           | 254        | Spikers 2    | -                   | -  | -   | -    |
| 2        | Martinez   | Daniella (OP)       | Martinez   | 29/09/1998 | 49          | 168         | 240           | 235        | San Marcos   | -                   | -  | -   | -    |
| 3        | Guevara    | Maria Fernanda (MB) | Guevara    | 07/07/1999 | 57          | 174         | 258           | 257        | Spikers      | -                   | -  | -   | -    |
| 5        | Alfaro     | Alba (OP)           | Alfaro     | 25/04/1999 | 55          | 167         | 250           | 245        | San Marcos   | -                   | -  | -   | -    |
| 6        | Menjivar   | Tatiana (OH)        | Menjivar   | 10/03/2000 | 68          | 171         | 266           | 251        | UES          | -                   | -  | 6   | 6    |
| 7        | Funes      | Gabriela (OH)       | Funes      | 06/09/2000 | 57          | 175         | 265           | 260        | Spikers 2    | -                   | -  | 11  | 11   |
| 8        | Colato     | Blanca (MB)         | Colato     | 05/04/1999 | 53          | 172         | 268           | 260        | Spikers 2    | -                   | -  | -   | -    |
| 9        | Soriano    | Marcela (MB)        | Soriano    | 10/09/2000 | 61          | 172         | 265           | 260        | San Marcos 2 | -                   | -  | 10  | 10   |
| 11 C     | Villalobos | Laura (S)           | Villalobos | 16/09/2000 | 50          | 168         | 265           | 260        | Spikers      | -                   | -  | 10  | 10   |
| 12       | Orellana   | Karen (OP)          | Orellana   | 26/12/1998 | 60          | 173         | 268           | 260        | Spikers 2    | -                   | -  | -   | -    |
| 13 L     | Velasquez  | Sofia (L)           | Velasquez  | 01/08/2000 | 50          | 161         | 259           | 249        | Spikers      | -                   | -  | 11  | 11   |
| 17       | Lazo       | Sara (OH)           | Lazo       | 17/07/1999 | 70          | 170         | 240           | 240        | Spikers 2    | -                   | -  | -   | -    |

### OFFICIALS

|                           |   |
|---------------------------|---|
| <b>Team manager:</b>      | Hernandez, Ana (ESA)                          |
| <b>Head coach:</b>        | Calderon, Dany (ESA)                          |
| <b>Assistant coaches:</b> | Flores, Franklin (ESA)<br>Morales, Luis (ESA) |
| <b>Doctor:</b>            |   |
| <b>Therapist/Trainer:</b> | Ceren, Ruben (ESA)                            |

### COLORS

|              |        |
|--------------|--------|
| <b>Main:</b> | Azul   |
| <b>2nd:</b>  | Blanco |
| <b>3rd:</b>  |        |

### STATISTICS

| Data                | Minimum | Average | Maximum |
|---------------------|---------|---------|---------|
| Age                 | 15.2    | 16.2    | 17.4    |
| Height              | 161     | 170     | 175     |
| Spike               | 240     | 259     | 268     |
| 2-hand block        | 235     | 253     | 260     |
| National selections |         | 4       | 11      |





# VOLLEYBALL • Team composition

## XVI Campeonato Centroamericano Sub 20



# GUA • Guatemala

### PLAYERS

| Shirt no | Last name | First name       | Shirt name   | Birthdate  | Weight [kg] | Height [cm] | Highest reach |            | Club       | National selections |    |     |      |
|----------|-----------|------------------|--------------|------------|-------------|-------------|---------------|------------|------------|---------------------|----|-----|------|
|          |           |                  |              |            |             |             | Spike [cm]    | Block [cm] |            | WC                  | OG | Oth | Tot. |
| 1        | Hernandez | Zuellen (MB)     | Z. Cajina    | 21/03/1998 | 60          | 181         | 275           | 271        | Canadiense | -                   | -  | 5   | 5    |
| 3 L      | Reinoso   | Christa (L)      | C. Reinoso   | 28/01/1998 | 54          | 165         | 260           | 254        | Belga      | -                   | -  | 22  | 22   |
| 4        | Cardona   | Kimberly (OH)    | K. Cardona   | 10/12/2000 | 64          | 179         | 271           | 265        | Sagrado    | -                   | -  | 6   | 6    |
| 5        | Gordillo  | Sofia (MB)       | S. Gordillo  | 03/10/1998 | 55          | 170         | 278           | 273        | Campeonas  | -                   | -  | 22  | 22   |
| 6        | Garcia    | Christel (OP)    | A. Garcia    | 31/08/1998 | 65          | 182         | 270           | 267        | Canadiense | -                   | -  | 5   | 5    |
| 7        | Guillermo | Martha (OH)      | A. Guillermo | 10/03/1999 | 60          | 170         | 271           | 269        | Canadiense | -                   | -  | -   | -    |
| 10       | Caal      | Jessica (S)      | J. Caal      | 12/02/1998 | 58          | 174         | 270           | 266        | Tigers     | -                   | -  | 22  | 22   |
| 11 C     | Garcia    | Maria Renee (OP) | M. Garcia    | 05/07/1998 | 65          | 182         | 285           | 280        | Sanarateca | -                   | -  | 22  | 22   |
| 13       | Cruz      | Kimberly (OH)    | K.Cruz       | 13/03/1998 | 66          | 166         | 260           | 256        | Campeonas  | -                   | -  | 5   | 5    |
| 14       | Gomez     | Carmen (S)       | Gomez        | 04/04/2001 | 62          | 170         | 267           | 264        | Campeonas  | -                   | -  | 22  | 22   |
| 16       | Salcedo   | Sabrina (OH)     | S. Salcedo   | 17/02/1999 | 58          | 166         | 262           | 257        | Sagrado    | -                   | -  | 22  | 22   |
| 17       | Tornoe    | Daniela (MB)     | Tornoe       | 22/11/2000 | 52          | 175         | 270           | 265        | Chiquis    | -                   | -  | 6   | 6    |

### OFFICIALS

|                           |                          |
|---------------------------|--------------------------|
| <b>Team manager:</b>      | Hernandez, Roberto (GUA) |
| <b>Head coach:</b>        | Fernandez, William (CUB) |
| <b>Assistant coaches:</b> | Duarte, Amilcar (GUA)    |
|                           | Lopez, Carlos (GUA)      |
| <b>Doctor:</b>            | Rodas, Juan Carlos (GUA) |
| <b>Therapist/Trainer:</b> | Paz, Josue (GUA)         |

### COLORS

|              |        |
|--------------|--------|
| <b>Main:</b> | Azul   |
| <b>2nd:</b>  | Blanco |
| <b>3rd:</b>  |        |

### STATISTICS

| Data                | Minimum | Average | Maximum |
|---------------------|---------|---------|---------|
| Age                 | 14.7    | 16.8    | 17.9    |
| Height              | 165     | 173     | 182     |
| Spike               | 260     | 270     | 285     |
| 2-hand block        | 254     | 266     | 280     |
| National selections |         | 13      | 22      |



# VOLLEYBALL • Team composition

XVI Campeonato Centroamericano Sub 20



## HON • Honduras

### PLAYERS

| Shirt no | Last name | First name          | Shirt name | Birthdate  | Weight [kg] | Height [cm] | Highest reach |            | Club          | National selections |    |     |      |
|----------|-----------|---------------------|------------|------------|-------------|-------------|---------------|------------|---------------|---------------------|----|-----|------|
|          |           |                     |            |            |             |             | Spike [cm]    | Block [cm] |               | WC                  | OG | Oth | Tot. |
| 1 C      | Aguilar   | Ruth (S)            | Aguilar    | 31/07/2000 | 60          | 177         | 300           | 285        | Global        | -                   | -  | 16  | 16   |
| 3        | Godoy     | Estefany (OH)       | Godoy      | 10/03/2000 | 70          | 177         | 305           | 279        | Global        | -                   | -  | 6   | 6    |
| 4        | Caballero | Mercedes (MB)       | Caballero  | 17/12/1998 | 68          | 178         | 300           | 287        | La Estancia   | -                   | -  | 16  | 16   |
| 5        | Zelaya    | Telma (S)           | Zelaya     | 17/09/2001 | 52          | 170         | 279           | 260        | Global        | -                   | -  | 6   | 6    |
| 6        | Castro    | Maria Fernanda (MB) | Castro Wu  | 25/06/1999 | 58          | 170         | 282           | 250        | Americana     | -                   | -  | -   | -    |
| 7        | Canales   | Zabdi (OH)          | Canales    | 22/02/2000 | 60          | 170         | 280           | 270        | Panteras      | -                   | -  | 6   | 6    |
| 8        | Perez     | Nataly (MB)         | Perez      | 08/01/2003 | 52          | 175         | 300           | 275        | Global        | -                   | -  | -   | -    |
| 9        | Alcerro   | Liliana (OH)        | L. Alcerro | 18/10/1998 | 70          | 173         | 290           | 275        | La Estancia   | -                   | -  | 10  | 10   |
| 10       | Johnson   | Cecille (OP)        | Johnson    | 27/11/1998 | 66          | 174         | 300           | 280        | Global        | -                   | -  | 16  | 16   |
| 11       | Medina    | Lia (MB)            | Medina     | 29/03/1998 | 55          | 176         | 295           | 280        | Del Campo     | -                   | -  | 10  | 10   |
| 18       | Alcerro   | Anna (S)            | A.Alcerro  | 18/10/1998 | 64          | 170         | 300           | 285        | La Estancia   | -                   | -  | 10  | 10   |
| 21 L     | Ventura   | Jennyfer (L)        | Ramos      | 03/06/1999 | 62          | 162         | 273           | 263        | International | -                   | -  | -   | -    |

### OFFICIALS

|                           |                       |
|---------------------------|-----------------------|
| <b>Team manager:</b>      | Escobar, Rene (HON)   |
| <b>Head coach:</b>        | Tejeda, Marcos (CUB)  |
| <b>Assistant coaches:</b> | Leiva, Caterine (HON) |
| <b>Doctor:</b>            |                       |
| <b>Therapist/Trainer:</b> |                       |

### COLORS

|              |        |
|--------------|--------|
| <b>Main:</b> | Azul   |
| <b>2nd:</b>  | Blanco |
| <b>3rd:</b>  |        |

### STATISTICS

| Data                | Minimum | Average | Maximum |
|---------------------|---------|---------|---------|
| Age                 | 12.9    | 16.1    | 17.7    |
| Height              | 162     | 173     | 178     |
| Spike               | 273     | 292     | 305     |
| 2-hand block        | 250     | 274     | 287     |
| National selections |         | 8       | 16      |



# VOLLEYBALL • Team composition

## XVI Campeonato Centroamericano Sub 20



# NCA • Nicaragua

## PLAYERS

| Shirt no | Last name  | First name         | Shirt name | Birthdate  | Weight [kg] | Height [cm] | Highest reach |            | Club         | National selections |    |     |      |
|----------|------------|--------------------|------------|------------|-------------|-------------|---------------|------------|--------------|---------------------|----|-----|------|
|          |            |                    |            |            |             |             | Spike [cm]    | Block [cm] |              | WC                  | OG | Oth | Tot. |
| 1        | C Pereira  | Andrea (OH)        | Pereira    | 23/09/1999 | 62          | 175         | 276           | 266        | Academia     | -                   | -  | 4   | 4    |
| 2        | Ortiz      | Ditzy (OH)         | Ortiz      | 16/01/1998 | 60          | 170         | 274           | 262        | Academia     | -                   | -  | 9   | 9    |
| 5        | L Quezada  | Judith (L)         | Quezada    | 27/04/2000 | 51          | 164         | 257           | 244        | Pureza de Ma | -                   | -  | 6   | 6    |
| 6        | Estrada    | Katherine (S)      | Estrada    | 27/04/1998 | 58          | 164         | 262           | 254        | Academia     | -                   | -  | 10  | 10   |
| 7        | Cruz       | Maria Cristina (S) | Cruz       | 03/01/1999 | 64          | 174         | 275           | 266        | Granada      | -                   | -  | 10  | 10   |
| 8        | Conto      | Dalia (MB)         | Calero     | 08/06/2000 | 56          | 174         | 276           | 266        | Masaya       | -                   | -  | 6   | 6    |
| 9        | Arcia      | Maria Belen (OP)   | Arcia      | 30/05/2002 | 53          | 170         | 265           | 256        | Pureza de Ma | -                   | -  | 6   | 6    |
| 10       | L Carcache | Leonela (L)        | Carcache   | 31/05/2000 | 65          | 161         | 258           | 243        | Academia     | -                   | -  | 16  | 16   |
| 12       | Duarte     | Yamaris (MB)       | Duarte     | 09/11/1999 | 63          | 175         | 273           | 261        | Boaco        | -                   | -  | 6   | 6    |
| 14       | Martinez   | Myriam (MB)        | Martinez   | 27/07/1998 | 61          | 172         | 272           | 263        | Granada      | -                   | -  | -   | -    |
| 15       | Abdalah    | Monica (S)         | Abdalah    | 13/10/1999 | 63          | 168         | 263           | 257        | Pureza de Ma | -                   | -  | -   | -    |
| 16       | Cortez     | Andrea (OH)        | Jackson    | 15/08/1999 | 56          | 165         | 256           | 247        | Academia     | -                   | -  | 9   | 9    |

## OFFICIALS

|                           |   |
|---------------------------|---|
| <b>Team manager:</b>      | Herrera, Kenia (NCA)                        |
| <b>Head coach:</b>        | Noguera, Claudia (NCA)                      |
| <b>Assistant coaches:</b> | Pena, Yasmina (NCA)<br>Quintana, Rene (NCA) |
| <b>Doctor:</b>            |   |
| <b>Therapist/Trainer:</b> | Bejarano, Marvin (NCA)                      |

## COLORS

|              |        |
|--------------|--------|
| <b>Main:</b> | Azul   |
| <b>2nd:</b>  | Blanco |
| <b>3rd:</b>  |        |

## STATISTICS

| Data                | Minimum | Average | Maximum |
|---------------------|---------|---------|---------|
| Age                 | 13.5    | 16.2    | 17.9    |
| Height              | 161     | 169     | 175     |
| Spike               | 256     | 267     | 276     |
| 2-hand block        | 243     | 257     | 266     |
| National selections |         | 7       | 16      |



# VOLLEYBALL • Team composition

## XVI Campeonato Centroamericano Sub 20



# PAN • Panama

## PLAYERS

| Shirt no | Last name  | First name    | Shirt name | Birthdate  | Weight [kg] | Height [cm] | Highest reach |            | Club          | National selections |    |     |      |
|----------|------------|---------------|------------|------------|-------------|-------------|---------------|------------|---------------|---------------------|----|-----|------|
|          |            |               |            |            |             |             | Spike [cm]    | Block [cm] |               | WC                  | OG | Oth | Tot. |
| 1        | Butler     | Leugim (MB)   | Butler     | 17/12/1998 | 81          | 178         | 272           | 256        | San Miguelito | -                   | -  | -   | -    |
| 2        | Gonzalez   | Gerizim (OP)  | Gonzalez   | 21/11/2000 | 81          | 175         | 250           | 250        | Colon         | -                   | -  | -   | -    |
| 3        | L Quintero | Josenid (L)   | Quintero   | 03/12/1998 | 56          | 160         | 230           | 225        | Chiriqui      | -                   | -  | -   | -    |
| 4        | Cowen      | Shahuny (S)   | Cowen      | 19/10/1999 | 54          | 170         | 255           | 250        | Colon         | -                   | -  | -   | -    |
| 6        | L Adames   | Caroline (L)  | Caroline   | 06/02/2000 | 48          | 146         | 250           | 245        | Chiriqui      | -                   | -  | -   | -    |
| 7        | Salazar    | Sayira (MB)   | Salazar    | 16/07/1998 | 54          | 169         | 265           | 255        | Colon         | -                   | -  | -   | -    |
| 8        | Urrunaga   | Iris (OH)     | Urrunaga   | 05/12/1998 | 57          | 160         | 260           | 250        | Chiriqui      | -                   | -  | 1   | 1    |
| 10       | C Ng       | Yileen (MB)   | NG         | 27/12/1998 | 63          | 185         | 272           | 256        | Colon         | -                   | -  | 2   | 2    |
| 11       | Caceres    | Jeisell (OP)  | Caceres    | 11/06/1998 | 53          | 165         | 257           | 250        | Chiriqui      | -                   | -  | -   | -    |
| 12       | Campbell   | Nayoisse (OH) | Campbell   | 05/02/2000 | 72          | 169         | 260           | 250        | Colon         | -                   | -  | -   | -    |
| 13       | Delgado    | Reinalys (S)  | Delgado    | 21/01/2000 | 70          | 165         | 250           | 240        | Chiriqui      | -                   | -  | -   | -    |
| 18       | Rojas      | Maryorie (S)  | Rojas      | 26/06/1998 | 56          | 160         | 245           | 245        | Veraguas      | -                   | -  | -   | -    |

## OFFICIALS

|                           |  |
|---------------------------|--|
| <b>Team manager:</b>      | Quintana, Carlos (PAN)                       |
| <b>Head coach:</b>        | Castaneda, Francisco (PAN)                   |
| <b>Assistant coaches:</b> | Madrid, Jenny (PAN)<br>Torrente, Lorna (NCA) |
| <b>Doctor:</b>            |  |
| <b>Therapist/Trainer:</b> |  |

## COLORS

|              |        |
|--------------|--------|
| <b>Main:</b> | Blanco |
| <b>2nd:</b>  | Azul   |
| <b>3rd:</b>  |        |

## STATISTICS

| Data                | Minimum | Average | Maximum |
|---------------------|---------|---------|---------|
| Age                 | 15.0    | 16.6    | 17.5    |
| Height              | 146     | 167     | 185     |
| Spike               | 230     | 256     | 272     |
| 2-hand block        | 225     | 248     | 256     |
| National selections |         |         | 2       |



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DE FEDERACIONES  
CENTROAMERICANAS  
DE VOLEIBOL



XVI CAMPEONATO  
CENTRO AMERICANO  
DE VOLEIBOL  
SUB - 20 FEMENINO  
NICARAGUA  
2015



## Managua con casa llena



Managua, Nicaragua. 6 de diciembre 2015. Siete países compartiendo los mismos objetivos: ubicarse en el podium y trabajar con los nuevos talentos de cara a las selecciones mayores.

Eso se verá en el XVI Campeonato Centroamericano Sub 20 femenino de voleibol que iniciará este lunes 7 de diciembre en el Polideportivo España, de Managua. Los entrenadores de las diferentes selecciones

catalogan el torneo muy competitivo, con nivel parejo en los equipos, lo que le dará mayor atractivo a cada uno de los juegos.

El entrenador de Honduras, Marcos Antonio Tejeda dijo que “Será un torneo bonito, para disfrutar. Traemos un equipo creo que bastante competitivo, la mayoría de las niñas hicieron el torneo Sub 18 y hemos entrenado bastante bien para este Campeonato”.

“Venimos a tratar de hacer un buen torneo, pensamos que nuestro equipo está competitivo como los demás países. Que en cada partido salgamos a dar lo mejor”, señaló Tejeda.

En tanto, la entrenadora de Nicaragua, Claudia Noguera, expresó que “fuimos subcampeonas hace dos años y ahora queremos la medalla de oro, sabemos que es difícil, sobre todo por que la mayoría de nuestras jugadoras es la primera vez que compite en un torneo internacional”.

En tanto, la asistente del entrenador de Panamá, Jenny Madrid, agregó que “es un grupo totalmente nuevo, tenemos muchas jugadoras de varios puntos del país, algunas han estado en Sub 21 o Sub 23, quienes agregan experiencia. Tratamos de hacer juego en equipo las ultimas dos semanas, eso es clave. Venimos a competir, sino competimos no podemos optar a medallas”.

El entrenador Costa Rica, Andrés López Castro, dijo que “hemos analizado que hemos estado en el podium casi todas las ediciones de este torneo y esa es la intención, volver estar ahí. Traemos un equipo variado en edades, apenas tres chicas con el límite de edad, pero estamos trabajando para futuro. El proyecto es que las chicas lleguen a la Selección Mayor y si ganan acá pues perfecto, sino igual el proyecto es a largo plazo”.

Por su parte, el entrenador de Belice, Albert Humes, dijo que “como el resto de equipos Belice quiere estar entre los medallistas y pelear por la medalla de oro. Tenemos una mejor preparación que hace dos años, con un equipo joven, muy variado en edades. Por eso la parte mental es muy importante, puede ser un inconveniente, pero traemos una mentalidad ganadora”.



William Fernández, entrenador de Guatemala, comentó que “el equipo viene bien preparado, es un torneo difícil porque todos quieren ser campeones, pero la meta siempre es revalidar el título (obtenido en las últimas dos ediciones consecutivas)”.

El entrenador de El Salvador, Dany Calderón, expresó que “como todos país buscamos ganar el torneo y hemos preparado un equipo para estar en el podium. Sabemos que los otros países se han preparado fuerte, pero la idea es dar lo mejor en la competencia”.